Ottawa Newcomers Team up for Urban Adventure Race

May 27, 2013

OTTAWA, Canada – The Catholic Centre for Immigrants and the Community Cup present a one-day urban adventure race that will take place throughout the city of Ottawa on Wednesday, May 29 starting at 10 a.m. The event is designed to engage Ottawa newcomers and City of Ottawa staff members through participating in sporting activities and connecting them to each other.

"This volunteer-powered event holds so much potential for networking, building understanding, breaking down barriers, and showcasing the power of sport in Canada," said Dan Dubeau, Community Cup Program Manager at the Catholic Centre for Immigrants. "It is simply the way it works here: play sports, be healthy, and I assure you will make connections and be happier."

The Chase will start at Brewer Park and travel to various public spaces. A total of 64 participants will make up 16 teams of four, who will work together to solve clues and make their way around the city via OC Transpo.

Over 16 sport partners will host a "checkpoint challenge," which will include a demonstration and introduction of a sports activity. All the action will be filmed for a future special presentation on Rogers TV.

The Chase will be followed by an awards presentation and barbecue reception at Carleton University's Norm Fenn Gym with guest speaker Deputy Mayor Eli El-Chantiry.

"The City of Ottawa welcomes thousands of newcomers every year, and they help our communities and economies grow, bringing new energy and vibrancy to our city," said Deputy Mayor Eli El-Chantiry. "Events like these showcase what we can do to build a welcoming community and help newcomers succeed."

This is the first year the event has taken place, and it has been made possible by the support of many volunteers and crucial partners.

"We are thrilled the City of Ottawa has accepted this corporate challenge," said Dubeau. "They are certainly a community champion when it comes to staff engagement and building a welcoming community."

- 30 -

For more information please contact:

Dan Dubeau

Community Cup Program Manager

Catholic Centre for Immigrants / Centre Catholique pour Immigrants

(613) 232-9634 ext. 421

Mobile (613)-355-0735

Website: www.communitycup.ca

Facebook: www.facebook.com/TheCommunityCup

Twitter: www.twitter.com/communitycup

May 29, 2013 Community Cup Chase Schedule Highlights:

CHASE ACTIVITIES:

9:30 AM - Warm-up and light refreshments – meet your teammates at Brewer Park

10:00 AM - Chase Start

4:00 PM – Finish and Reception - Carleton University

RECEPTION:

4:00 PM - BBQ serving

4:10 PM – Azucar (Interactive Merengue Dance)

4:45 PM - Awards and special presentations

5:15 PM - Salsa Force (Interactive Salsa Dance)

Sport Community Partners include:

- Orleans Tennis Club
- Capital Wave Water Polo
- Eastern Ontario District Soccer Association
- New Edinburgh Cricket Association
- City of Ottawa and Ottawa Public Health
- Rama Lotus Yoga
- Karen Youth Club
- Active Living Alliance for Canadians with a Disability
- Achilles Ottawa
- Canadian Paralympic Committee
- Ottawa Carleton Ultimate Association
- Ottawa Disc Golf Club
- Sandy Hill Jiu-Jitsu Dojo
- Ottawa District Badminton Association

Major Sponsors & Partners:



Dan Dubeau

Community Cup Program Manager

Catholic Centre for Immigrants / Centre Catholique pour Immigrants

516 - 219 rue Argyle Ave. Ott. ON. K2P 2H4

(613) 232-9634 ext. 421 Mobile (613)-355-0735

fax/téléc.: (613) 232-3660

www.communitycup.ca / www.cic.ca

Learn, Play, Connect, Celebrate!